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## Race Week Media Center

Centennial Olympic Park
265 Park Ave W NW, Atlanta, GA 30313
Enter through Gate 4
THURSDAY:
Credential Pickup ONLY 9 A.M. - 5 P.M.
FRIDAY
9 A.M. - 5 P.M.
SATURDAY
9 A.M. - 7 P.M.

Ashley Mitchell
USATF
301-980-4767
Ashley.mitchell@usatf.org

Please bring ID. There is NO race day credential pickup

Social Media
Twitter - @atltrackclub
@USATF
@TeamUSA
Instagram - @atlantatrackclub
@usatf
@TeamUSA
Facebook - facebook.com/atlantatrackclub
facebook.com/USATFfans
facebook.com/TeamUSA

Hashtags - \#Atlanta2020
\#MarathonTrials20
\#RunningCityUSA
\#JourneyToGold
\#TeamUSATF

## MEDIA/PRESS CONFERENCE SCHEDULE

## THURSDAY, FEBRUARY 27

9 A.M. - 5 P.M.

Credential Distribution
Media Center, Centennial Olympic Park

## 4 P.M.

U.S. Olympic Team Trials - Marathon Press Conference

Featuring Atlanta Mayor Keisha Lance Bottoms and athletes Bernard Lagat, Jacob Riley, Jared Ward, Scott Fauble, Leonard Korir, Kellyn Taylor, Emily Sisson, Sara Hall, Des Linden
America's Marathon Weekend Experience, Hall A3, Georgia World Congress Center

## FRIDAY, FEBRUARY 28

9 A.M.-5 P.M.
Credential Distribution
Media Center, Centennial Olympic Park
9 A.M. -5 P.M.
Media Workroom Open
Media Center, Centennial Olympic Park
10 A.M.
Local Athlete Press Conference, featuring Atlanta residents and natives
Patrick Reaves, Gracie Griffith, Jared Carson, Harriott Kelly, Allie Schaich, Lindy Jones, Wilkerson Given, Matt McDonald, Morgan VanGorder, Laurie Knowles, Maegan Krifchin, Natalie Severy Media Center, Centennial Olympic Park

4 P.M.
Photographers Meeting
Mandatory for All Photographers. (Finish line access and lead vehicle access is limited to pre-approved photographers. Photographers will be able to access the course in areas open to the public.)
Media Center, Centennial Olympic Park

## SATURDAY, FEBRUARY 29

9 A.M.-7 P.M.
Media Workroom Open
Media Center, Centennial Olympic Park
2 P.M.-4 P.M.
Mixed Zone Open
Centennial Olympic Park
3 P.M. (approx.)
Men's Press Conference
Featuring top three male finishers
Media Center, Centennial Olympic Park
3:30 P.M. (approx.)
Women's Press Conference
Featuring top three female finishers
Media Center, Centennial Olympic Park

## RACE DAY SCHEDULE

## Saturday, February 29

9 a.m.
Media Workroom Opens
Media Center, Centennial Olympic Park

## 11:50 A.M.

Welcome: Mayor Keisha Lance Bottoms National Anthem: Coretta Scott King/BEST
Academy Chorus
Centennial Olympic Park
12:08 P.M.
Men's Start
Centennial Olympic Park

## 12:20 P.M.

Women's Start
Centennial Olympic Park

2 P.M.
Mixed Zone Open
Centennial Olympic Park
2:18 P.M.
Approximate men's finish
Centennial Olympic Park

## 2:45 P.M.

Approximate women's finish
Centennial Olympic Park
3 P.M.
Men's Post-Race Press Conference
Media Center, Centennial Olympic Park

## Sunday, March 1

Publix Atlanta Marathon, Half Marathon \& 5K
6:50 A.M.
Held the day after the U.S. Olympic Team Trials Marathon, the Publix Atlanta Marathon, Half Marathon \& 5K caps off America's Marathon Weekend. With about 3000 runners expected, the marathon starts and ends in Centennial Olympic Park, winding through Inman Park, Little Five Points, Midtown, Summerhill and the westside of Atlanta. It's another tough course that will show participants and spectators what Atlanta is all about. In the $5 \mathrm{~K}, 3000$ runners are expected, and another 7000 will participate in the Publix Atlanta Half Marathon, with 2004 Olympic silver medalist Meb Keflezighi leading a 1:40 pace pack.

## Race Schedule

6:50 A.M. - Marathon/Half Marathon Wave A and Wheelchair start
7 A.M. - Marathon/Half Marathon Waves B-E start 7:35 A.M. - 5K start
9 A.M. - 5K course closes
10:50 A.M. - Half Marathon course closes
1:55 P.M. - Marathon course closes
For credential information on covering or attending the Sunday events, contact jholder@atlantatrackclub.org

3:30 P.M.
Women's Post-Race Press Conference Media Center, Centennial Olympic Park

4 P.M.
Mixed Zone Closes
Centennial Olympic Park

7 P.M.
Media Center Closes


To be eligible to compete in the 2020 U.S. Olympic Team Trials - Marathon runners were required to meet the following qualifying standards between September 1, 2017, and January 19, 2020, for a marathon or between September 1, 2018, and January 19, 2020, for a half marathon.

## MEN

"A" standard
Marathon: 2:15:00 and under
"B" standard
Marathon: 2:19:00 and under
Half Marathon: 1:04 and under

## WOMEN

## "A" standard

Marathon: 2:37:00 and under
"B" standard
Marathon: 2:45:00 and under
Half Marathon: 1:13:00 and under

For the first time, all athletes, whether "A" or "B" qualifiers, have been provided funding support by the Local Organizing Committee.

NOTE: Because of its designation by World Athletics as a Gold Label Race, the top five finishers in both the men's and women's races will be eligible to run in the 2020 Olympic Games regardless of finishing time. They will not be required to have run the 2020 Olympic standards of 2:11:30 (men) or 2:29:30 (women) in this or any other marathon.

## USATF Championships

The winners of the U.S. Olympic Team Trials - Marathon will also be designated the 2020 USATF Marathon Champions.

## 2020 Tokyo Olympic Games

The top three men and women finishers from the U.S. Olympic Team Trials - Marathon will represent Team USA in the 2020 Games. Because of heat concerns, the marathons will be held in Sapporo, 500 miles north of Tokyo. The women's marathon will be on August 8 and the men's marathon on August 9 .

## TOTAL = \$480,000

| PLACE | MEN \& WOMEN |
| :---: | :---: |
| 1 | $\$ 80,000$ |
| 2 | $\$ 65,000$ |
| 3 | $\$ 55,000$ |
| 4 | $\$ 20,000$ |
| 5 | $\$ 10,000$ |
| 7 | $\$ 3,000$ |
| 8 | $\$ 1,000$ |

## U.S. OLYMPIC TEAM TRIALS - MARATHON FAST FACTS

## MEN

Qualified: 261
Via Marathon: 224
Via Half Marathon: 27
Declared Entrants: 235
Via Marathon: 215
Via Half Marathon: 20

## OLDEST QUALIFIERS ENTERED

MEN: Bernard Lagat 45 AZ 2:12:10

WOMEN: Perry Shoemaker 48 VA 2:43:33

## YOUNGEST QUALIFIERS ENTERED

| MEN: Sean O'Connor | 22 | CT | 1:03:50 |
| :--- | :--- | :--- | :--- |
| WOMEN: Tierney Wolfgram | 16 | MN | $2: 40: 03$ |

NUMBER OF MASTERS (AGE 40+) ATHLETES ENTERED
MEN: 4
WOMEN: 35

## ENTRANTS WHO HAVE QUALIFIED FOR THE MOST MARATHON TRIALS

MEN: Abdi Abdirahman, Fernando Cabada, Sergio Reyes, Dathan Ritzenhein, Pat Rizzo, Galen Rupp, Mike Sayenko, 4-time qualifiers (2008, 2012, 2016, 2020)
WOMEN: Mary Akor, 5-time qualifier (2004, 2008, 2012, 2016, 2020)
TOP 10 STATES WITH MOST ATHLETES ENTERED

California: 22 men, 63 women $=85$
New York: 9 men, 28 women $=37$
Oregon: 11 men, 23 women = 34
Texas: 5 men, 27 women = 32
Michigan: 9 men, 14 women = 23

## WOMEN

Qualified: 510
Via Marathon 498
Via Half Marathon: 12
Declared Entrants: 456
Via Marathon: 450
Via Half Marathon: 6

## STATES NOT REPRESENTED

Wyoming, South Dakota, Mississippi, West Virginia

## CLUBS WITH MOST ATHLETES

Boston Athletic Association: 14
Hansons-Brooks Original Distance Project: 10
Tracksmith Hare Athletic Club: 9
On ZAP Endurance: 9
New York Athletic Club: 9
U.S. Army: 8

Atlanta Track Club: 7
Impala Racing Team: 7
Minnesota Distance Elite: 7
Philadelphia Runner Track Club: 7
U.S. OLYMPIC TEAM TRIALS MARATHON
FEBRUARY 29, 2020 ATLANTA, GA

LAP 3
16－26．2 miles

LAP 2
8－16 MILES

LAP 1
0－8 MILES


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { ıヨN } 79+ \\ & \text { टて-/98+ } \\ & \text { ヨาIN } 8 \end{aligned}$ | $\begin{gathered} \text { 1ヨN टโ+ } \\ \text { LL-/ } \varepsilon 8+ \\ \text { ヨาIN } \angle \end{gathered}$ | $\begin{aligned} & \text { LヨNSS- } \\ & \text { IL-/ } 9 \text { I+ } \\ & \text { ヨาIN } 9 \end{aligned}$ | $\begin{gathered} \text { LヨN } \succ \text { S+ } \\ \text { 8Z-/Z8+ } \\ \text { ヨาIN S } \end{gathered}$ |  | LヨN 9S－ 6L－／ع乙＋ ヨาІル ع | $\begin{aligned} & \text { IヨN Oカ- } \\ & \text { 6S-/6I+ } \\ & \text { ヨาIW Z } \end{aligned}$ | $\begin{gathered} \text { LヨN SI+ } \\ \text { OS- / S9+ } \\ \text { ヨาIW T } \end{gathered}$ |

## Elevation Profile <br> US Olympic Team Trials－Marathon

## 

## TURN-BY-TURN DIRECTIONS

Start: Intersection of Park Ave. West NW and Marietta St. NW
Marietta St. NW to Peachtree St, left on Forsyth
Forsyth St. NW to Peachtree St., slight left on Peachtree St.
Peachtree St. north to Ivan Allen/Ralph McGill
Peachtree St. at Ivan Allen/Ralph McGill, continue north on Peachtree to turnaround, just north of South Rhodes Cntr. Make a "U" turn, come south on Peachtree St.
Peachtree St. to Ralph McGill Blvd. NE, turn left on Ralph McGill Blvd. NE
Ralph McGill Blvd. NE to Piedmont Ave. NE, right on Piedmont Ave. NE.
Piedmont Ave. NE. to Baker-Highland Connector NE., turn left on Baker-Highland Connector NE.
Baker-Highland Connector NE. to Jackson St. NE., right on Jackson St. NE.
Jackson St. NE. to Edgewood Ave. SE., right on Edgewood Ave. SE.
Edgewood Ave. to Marietta St., cross Marietta to west side of median, continue north on Marietta St. Marietta St. to Centennial Olympic Park Dr., turn around at C.O.P. return south on Marietta St.

8 MILES
Marietta St. to Peachtree St., left on Peachtree St.
Peachtree St. to Walton St., left on Walton St.
Walton St. to Forsyth St., right on Forsyth St.
Forsyth St. NW to Peachtree St., slight left on Peachtree St.
Peachtree St. north to Ivan Allen/Ralph McGill
Peachtree St. at Ivan Allen/Ralph McGill, continue north on Peachtree to turnaround, just north of South Rhodes Cntr. Make a "U" turn, come south on Peachtree St.
Peachtree St. to Ralph McGill Blvd. NE, turn left on Ralph McGill Blvd. NE
Ralph McGill Blvd. NE to Piedmont Ave. NE, right on Piedmont Ave. NE.
Piedmont Ave. NE. to Baker-Highland Connector NE., turn left on Baker-Highland Connector NE.
Baker-Highland Connector NE. to Jackson St. NE., right on Jackson St. NE.
Jackson St. NE. to Edgewood Ave. SE., right on Edgewood Ave. SE.
Edgewood Ave. to Marietta St., cross Marietta to west side of median, continue north on Marietta St.
Marietta St. to Centennial Olympic Park Dr., turn around at C.O.P. return south on Marietta St. 16 MILES
Marietta St. to Peachtree St., left on Peachtree St.
Peachtree St. to Walton St., left on Walton St.
Walton St. to Forsyth St., right on Forsyth St.
Forsyth St. NW to Peachtree St., slight left on Peachtree St.
Peachtree St. north to Ivan Allen/Ralph McGill
Peachtree St. at Ivan Allen/Ralph McGill, continue north on Peachtree to turnaround, just north of South Rhodes Cntr.
Make a "U" turn, come south on Peachtree St.
Peachtree St. to Ralph McGill Blvd. NE, turn left on Ralph McGill Blvd. NE
Ralph McGill Blvd. NE to Piedmont Ave. NE, right on Piedmont Ave. NE.
Piedmont Ave. NE. to Baker-Highland Connector NE., turn left on Baker-Highland Connector NE.
Baker-Highland Connector NE. to Jackson St. NE., right on Jackson St. NE.
Jackson St. NE. to Edgewood Ave. SE., right on Edgewood Ave. SE.
Edgewood Ave. SE. to Piedmont Ave NE., Left on Piedmont Ave. NE.
23.50 MILES

Piedmont Ave. NE. to Capital Ave Se., straight onto Captial Ave. SE.
Capital Ave. SE to intersection of Captial Ave. SE and Fulton St. SW, make U-turn on Capital Ave. SE
Capital Ave. SE to Martin Luther King Junior Dr. Left on MLK
MLK Jr. Dr. SW. to Centennial Olympic Park Dr. NW., right on Centennial Olympic Park Dr. NW.
C.O.P. to Andrew Young International Blvd., left on International Blvd.

Andrew Young International BLVD. NW. to Centennial Olympic Park, straight into Centennial Olympic Park
Finish in Centennial Olympic Park about . 1 from Marietta St. NW.
26.20 Miles

## CENTENNIAL OLYMPIC PARK START AREA MAP



U.S. OLYMPIC TEAM TRIALS
MARATHON

## TRIALS HISTORY

## MEN

| 1968 | George Young | $2: 30: 48$ |
| :--- | :--- | :--- |
| 1972 | Frank Shorter/Kenny Moore | $2: 15: 58$ (intentional tie) |
| 1976 | Frank Shorter | $2: 11: 51$ |
| 1980 | Tony Sandoval | $2: 10: 19$ |
| 1984 | Pete Pfitzinger | $2: 11: 43$ |
| 1988 | Mark Conover | $2: 12: 26$ |
| 1992 | Steve Spence | $2: 12: 43$ |
| 1996 | Bob Kempainen | $2: 12: 45$ |
| 2000 | Rod DeHaven | $2: 15: 30$ |
| 2004 | Alan Culpepper | $2: 11: 42$ |
| 2008 | Ryan Hall | $2: 09: 02^{*}$ |
| 2012 | Meb Keflezighi | $2: 09: 08$ |
| 2016 | Galen Rupp | $2: 11: 12$ |

## WOMEN

| 1984 | Joan Benoit | $2: 31: 04$ |
| :--- | :--- | :--- |
| 1988 | Margaret Groos | $2: 29: 50$ |
| 1992 | Janis Klecker | $2: 30: 12$ |
| 1996 | Jenny Spangler | $2: 29: 54$ |
| 2000 | Chris Clark | $2: 33: 31$ |
| 2004 | Colleen de Reuck | $2: 28: 25$ |
| 2008 | Deena Kastor | $2: 29: 35$ |
| 2012 | Shalane Flanagan | $2: 25: 38^{*}$ |
| 2016 | Amy Cragg | $2: 28: 20$ |

[^0]
## HISTORY OF THE MEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1968-2016)

Before 1968, the U.S. Olympic Marathon team was selected on the basis of results from a series of marathon races, often including Boston, Yonkers and Culver City. But since then, it's been chosen at the U.S. Olympic Team Trials - Marathon, a single race with the top three making Team USA, assuming they meet Olympic standards.

## 1968: Alamosa, Colorado

Sunday, August 18
129 Entrants, 113 starters, 63 finishers, at altitude
5.2-mile loop 5 times, plus 385 yards

1) George Young (AZ) 2:30:48
2) Kenny Moore (OR) 2:31:47
3) Ron Daws (MN) 2:33:09
4) Bob Deines (CA) 2:33:13
5) Steve Matthews (CO) 2:33:17

Postscript: George Young won a bronze medal in the 1968 Mexico City 3000-meter steeplechase, and placed 16th (2:31:15) in the marathon. In 1972, he competed on his fourth Olympic team, at 5000 meters. Kenny Moore suffered massive blisters and finished 14th (2:29:50). Four years later, he placed fourth in Munich, later writing a story about it for Sports Illustrated that launched his distinguished career there. Ron Daws finished 22nd (2:33:53) in Mexico City. He died from a heart attack in 1992 at age 55.

## 1972: Eugene, Oregon

Sunday, July 9
Time standard $=2: 30: 00$
100 starters, 66 finishers
Frank Shorter and Kenny Moore intentionally tied after building a big lead together early. "We didn't have any discussion about tying. We didn't need to. It was part of our friendship, our trust in each other," Shorter told Amby Burfoot for a Runner's World story in 2007. Shorter went on to win the Olympic gold medal in Munich.

1) Kenny Moore (OR)
2) Frank Shorter (CO)
3) Jack Bacheler (FL)
4) Jeff Galloway (FL)
5) Greg Brock (CA)

2:15:58
2:15:58
2:20:30
2:20:30
2:22:30

## 1976: Eugene, Oregon

Saturday, May 22
Time standard $=2: 23: 00$
87 qualifiers, 77 starters, 49 finishers
Frank Shorter is still the only man to win two Olympic Marathon Trials. He and Rodgers, the race favorites, ran together for about 24 miles. Shorter would win silver in Munich, and Kardong would finish fourth.

1) Frank Shorter (FL)
2:11:51
2) Bill Rodgers (MA) 2:11:58
3) Don Kardong (WA) 2:13:54
4) Tony Sandoval (CA)
2:14:58
5) Tom Fleming (NJ)
2:15:48

## HISTORY OF THE MEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1968-2016)

## 1980: Buffalo, New York

Saturday, May 24
Time standard $=2: 21: 54$
269 qualifiers, 192 starters, 125 finishers
Because of the 1980 Olympic boycott by the U.S., the team did not compete in Moscow.

1) Tony Sandoval (NM) 2:10:19
2) Benji Durden (GA)

2:10:41
3) Kyle Heffner (TX)

2:10:55
4) Ron Tabb (TX)

2:12:39
5) Jeff Wells (TX)

2:13:16

## 1984: Buffalo, New York

## Saturday, May 26

Time standard = 2:19:04
201 qualifiers, 172 starters, 108 finishers
Pete Pfitzinger lost his lead in the last mile only to reclaim it for the victory. He would finish 11th in the Los Angeles Games; Alberto Salazar would be 14th.

1) Pete Pfitzinger (NY)
2:11:43
2) Alberto Salazar (OR)
2:11:44
3) John Tuttle (GA)
2:11:50
4) Dave Gordon (OR)
2:11:59
5) Dean Matthews (OR)
2:12:25

## 1988: Jersey City, New Jersey

## Sunday, April 24

Time standard=2:20:00
132 qualifiers, 115 starters, 77 finishers
Prize money = \$150,000
Mark Conover's win was a major upset, in a personal best of more than six minutes. "It was just one of those days," he told Amby Burfoot for Runner's World in 2007. "I never had another one like it. I felt like I was out on one of my relaxed Sunday long runs. Every time I did a body check, the report came back, 'All systems go.' Ed and I broke away from the pack on a hill just past 16 miles, and we helped each other the rest of the way." Prize money was awarded for the first time.

1) Mark Conover (CA) 2:12:26 \$50,000
2) Ed Eyestone (UT)

2:12:49 \$25,000
3) Pete Pfitzinger (MA)

2:13:09 \$20,000
4) Paul Gompers (MA)

2:14:20 \$15,000
5) Mark Curp (MO)

2:14:40 \$10,000

## HISTORY OF THE MEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1968-2016)

## 1992: Columbus, Ohio

## Saturday, April 11

Time standard = 2:20:00
108 qualifiers, 102 starters, 55 finishers
Prize money $=\$ 214,000$
Bill Reifsnyder and Keith Brantly tried to run away with the race, but near 22 miles the trio of Steve Spence, Ed Eyestone and Bob Kempainen caught the duo.

1) Steve Spence (PA)
2) Ed Eyestone (UT)
3) Bob Kempainen (MN)
4) Keith Brantly (FL)
5) Bill Reifsnyder (NM)

2:12:43 \$58,000
2:12:51 \$48,000
2:12:54 \$38,000
2:14:16 \$15,000
2:15:45 \$10,000

## 1996: Charlotte, North Carolina

Saturday, February 17
Time standard = 2:20:00 (A); 2:22:00 (B)
135 qualifiers, 116 starters, 90 finishers
Prize money $=\$ 250,000$
Bob Kempainen, who took a brief leave from medical school to train for the Trials, won despite vomiting repeatedly near the end of the race. "This guy is the toughest human being on the face of the earth," Keith Brantly said afterward. "I would have started crying and stopped."

1) Bob Kempainen (MN)
2) Mark Coogan (CO)
3) Keith Brantly (FL)
4) Steve Plasencia (MN)
5) Marco Ochoa (CO)

2:12:45 \$100,000
2:13:05 \$40,000
2:13:22 \$30,000
2:14:20 \$20,000
2:14:22 \$15,000

## 2000: Pittsburgh, Pennsylvania

## Sunday, May 7

Time standard $=$ 2:20:00 (A), 2:22:00 (B)
114 qualifiers, 99 starters, 78 finishers
Prize money = \$225,000
Rod DeHaven won, but with the Olympic "B" time standard he was the sole representative for the U.S. in the Olympic Marathon. It was the only time in history the U.S. did not field a full team, and that low point helped prompt a return to a club system that would produce two U.S. Olympic marathon medalists just four years later.

1) Rod DeHaven (WI)
2) Peter de la Cerda (CO)
3) Mark Coogan (MD)
4) Scott Larson (CO)
5) Eddy Hellebuyck (NM)

2:15:30 \$75,000
2:16:18 \$25,000
2:17:04 \$20,000
2:17:15 \$17,500
2:18:30 \$15,000

## HISTORY OF THE MEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1968-2016)

## 2004: Birmingham, Alabama

Saturday, February 7
Time standard = 2:20:00 (A), 2:22:00 (B)
104 qualifiers, 85 starters, 70 finishers
Prize money = \$271,000
Meb Keflezighi would go on to win a surprise Olympic silver medal in Athens. Coming into the race, 38 runners had faster personal bests.

1) Alan Culpepper (CO) 2:11:42 \$89,000
2) Meb Keflezighi (CA)
3) Dan Browne (OR)

2:11:47 \$60,500
4) Trent Briney (MI)

2:12:02 \$47,000
5) Clint Verran (MI)

> 2:12:35 \$16,000

## 2008: New York City, New York

Saturday, November 3, 2007
Time standard = 2:20:00 (A), 2:22:00 (B)
Also: (B) 5000m (track) $=13: 40: 00$ \& 10,000m (track) $=28: 45: 00$
179 qualifiers, 130 starters, 104 finishers
Prize money $=\$ 250,000$
Ryan Hall ran a brave and brilliant race in Central Park for the only marathon victory of his career, in a still-standing Trials record. Tragedy struck early, however, when Ryan Shay collapsed just past 5 miles and was pronounced dead of a heart attack.

1) Ryan Hall (CA)

2:09:02 \$80,000
2) Dathan Ritzenhein (OR)

2:11:07 \$60,000
3) Brian Sell (MI)
4) Khalid Khannouchi (NY)
5) Jason Lemkuhle (MN)

## HISTORY OF THE MEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1968-2016)

## 2012: Houston, Texas

Saturday, January 14
Time standard = 2:19:00 (A); no (B)
Also (A): half-marathon $=1: 05: 00$ and 10,000m (track) $=28: 30.00$
158 qualifiers, 111 starters, 85 finishers
Prize money $=\$ 260,500$
For the first time, the top four men all ran under 2:10 at the Trials. Dathan Ritzenhein just missed the team, but would end up making Team USA for the London Games at 10,000 meters. Abdi Abdirahman made his fourth Olympic team, after competing at 10,000 meters in 2000, 2004 and 2008.

| 1) Meb Keflezighi (CA) | $2: 09: 08$ |
| :--- | :--- |
| 2) Ryan Hall (CA) | $2: 09: 30$ |
| 63,000 |  |
| 3) Abdi Abdirahman (AZ) | $2: 09: 47$ |
| 152,000 |  |
| 4) Dathan Ritzenhein (CO) | $2: 09: 55$ |
| 21,000 |  |
| 5) Brett Gotcher (AZ) | $2: 11: 06$ |

## 2016: Los Angeles, California

## February 13

Time standard = 2:15:00 (A), 2:19:00 (B)
Also (B): half-marathon $=1: 05: 00$
211 qualifiers, 166 starters, 105 finishers
Prize money = \$300,000
Rupp, the 2012 Olympic silver medalist at 10,000 meters who announced just two weeks before that he would run the Trials as his first marathon, pulled away from 40-year-old Meb Keflezighi, who was running his 23rd, in Mile 23. Rupp was the first man to win the Trials as a rookie since George Young in 1968, and would go on to win the bronze medal in Rio.

1) Galen Rupp (OR)
2) Meb Keflezighi (CA)
3) Jared Ward (UT)
4) Luke Puskedra (OR)
5) Tyler Pennel (NC)

2:11:12 \$80,000
2:12:20 \$65,000
2:13:00 \$55,000
2:14:12 \$25,000
2:14:57 \$20,000

## HISTORY OF THE WOMEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1984-2016)

## 1984: Olympia, Washington

Sunday, May 12
Time standard $=2: 51: 16$
267 qualifiers, 238 starters, 196 finishers

1) Joan Benoit (ME)

2:31:04
2) Julie Brown (OR)

2:31:41
3) Julie Isphording (OH)

2:32:26
4) Lisa Larsen (MI)

2:33:10
5) Margaret Groos (VA)

2:33:38

## 1988: Pittsburgh, Pennsylvania

Sunday, May 1
Time standard $=2: 50: 00$
246 qualifiers, 204 starters, 159 finishers
Prize money $=\$ 157,500$
Cathy O'Brien, at the age of 20, is still the youngest woman to make a U.S. Olympic Marathon team.

1) Margaret Groos (FL)
2) Nancy Ditz (CA)
3) Cathy O'Brien (NH)
4) Lisa Weidenbach (MI)
5) Kim Jones (WA)

2:29:50 \$25,000
2:30:14 \$25,000
2:30:18 \$25,000
2:31:06 \$15,000
2:32:16 \$10,000

## 1992: Houston, Texas

Sunday, January 26
Time standard: 2:45:00
118 qualifiers, 89 starters, 65 finishers
Prize money = \$77,500
Janis Klecker fell 15 miles into the race, only to be helped up by Cathy O'Brien before going on to win. Lisa Weidenbach finished fourth, just off the team, for the third consecutive Trials.

1) Janis Klecker (MN)
2) Cathy O'Brien (NH)
3) Francie Larrieu Smith (TX)
4) Lisa Weidenbach (WA)
5) Christine McNamara (CO)

2:30:12 \$20,000
2:30:26 \$20,000
2:30:39 \$20,000
2:33:32 \$5000
2:34:35 \$4000

# HISTORY OF THE WOMEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1984-2016) 

## 1996: Columbia, South Carolina

Saturday, February 10
Time standard $=$ 2:42:00 (A), 2:50:00 (B)
187 qualifiers, 160 starters, 129 finishers
Prize purse $=\$ 250,000$
Jenny Spangler was largely unknown before winning in a huge upset. "I didn't know if she was for real or stupid," said the third-place Anne Marie Lauck. "My hat's off to her, but honestly, I didn't know who she was." Spangler had finished 49th in the 1988 Trials, and then took six years off of competitive running before quietly gearing up for another shot.

1) Jenny Spangler (IL)

2:29:54 \$45,000
2) Linda Somers (CA)
3) Anne Marie Lauck (GA)
4) Gwyn Coogan (CO)
5) Kristy Johnston (CO)

2:30:06 \$40,000
2:31:18 \$35,000
2:33:51 \$18,000
2:34:21 \$16,000

## 2000: Columbia, South Carolina

Saturday, February 26
Time standard $=$ 2:42:00 (A), 2:50:00 (B)
210 qualifiers, 170 starters, 141 finishers
Prize money $=\$ 230,000$
If Jenny Spangler was little known, Christine Clark was a total stranger. A 37-year-old pathologist from Alaska, she had done most of her training on a treadmill, and had finished 76th in the 1996 Trials. As with the men that year, only the top woman had the Olympic "B" time standard, good for one team spot.

1) Chris Clark (AK)
2) Kristy Johnston (WV)
3) Anne Marie Lauck (NJ)
4) Susannah Beck (OR)
5) Liz Wilson (OR)

2:33:31 \$45,000
2:35:36 \$30,000
2:36:05 \$25,000
2:36:46 \$18,000
2:37:27 \$16,000

## 2004: St. Louis, Missouri

Saturday, April 3
Time standard = 2:39:59 (A), 2:48:00 (B)
151 qualifiers, 121 starters, 106 finishers
Prize money = \$250,000
Colleen De Reuck, at 39, became the oldest woman to make a U.S. Olympic Marathon team in an upset over Deena Kastor, running the fastest time in the event since 1988. But it was Kastor who would go on to win the Olympic bronze medal in the heat of Athens.

1) Colleen De Reuck (CO)
2) Deena Kastor (CA)
3) Jen Rhines (CA)
4) Blake Russell (MA)
5) Magdalena Lewy Boulet (CA)

2:28:25 \$45,000
2:29:38 \$40,000
2:29:57 \$35,000
2:30:32 \$18,000
2:30:50 \$16,000

# HISTORY OF THE WOMEN'S U.S. OLYMPIC TEAM TRIALS MARATHON (1984-2016) 

## 2008: Boston, Massachusetts

Sunday, April 20
Time standard = 2:39:00 (A), 2:47:00 (B)
Also, (B) for 10,000m (track) $=33: 00: 00$
181 qualifiers, 146 starters, 124 finishers
Prize money = \$250,000
Deena Kastor came back to win after being upset in 2004.

1) Deena Kastor (CA)
2) Magdalena Lewy Boulet (CA)
3) Blake Russell (CA)
4) Zoila Gomez (CO)
5) Tera Moody (CO)

2:29:35 \$60,000
2:30:19 \$50,000
2:32:40 \$40,000
2:33:53 \$20,000
2:33:54 \$15,000

## 2012: Houston, Texas

## Saturday, January 14

Time standard $=$ 2:39:00 (A); 2:46:00 (B)
Also (B) Half Marathon $=1: 15: 00$ and $10,000 \mathrm{~m}$ (track) $=33: 00.00$
225 qualifiers, 183 starters, 152 finishers
Prize money $=\$ 260,500$
Five women finished under 2:30 in the Trials for the first time, with Shalane Flanagan setting a Trials record to make her first marathon team after trips to the Olympics at 5000 meters (2004 and 2008) and Olympic silver at 10,000 meters in 2008.

1) Shalane Flanagan (OR) 2:25:38 \$74,000
2) Desiree Davila (MI)
3) Kara Goucher (OR)
4) Amy Hastings (CA)
5) Janet Cherobon-Bawcom (GA)

2:25:55 \$63,000
2:26:06 \$52,000
2:27:17 \$21,000
2:29:45 \$15,500

## 2016: Los Angeles, California

Saturday, February 13
An initial 2.2 -mile loop and then four 6-mile loops
Time standard $=$ 2:37:00 (A) 2:45:00 (B)
Also (B): half-marathon $=1: 05: 00$
246 qualifiers, 198 starters, 149 finishers
Prize money = \$300,000, largest in Trials history
Breaking away early, training partners Shalane Flanagan and Amy Cragg ran together for 24 miles, the last several of which consisted largely of Cragg encouraging her heat-stricken partner forward. Flanagan hung on to finish third after being passed in the last mile by a disciplined Des Linden, who at Mile 21 was 1:02 behind the duo. The three would all go on to finish in the top 10 in Rio, the best ever for U.S. women.

1) Amy Cragg (OR)
2:28:20 \$80,000
2) Des Linden (MI)
3) Shalane Flanagan (OR)
4) Kara Goucher (CO)
2:28:54 \$65,000
5) Janet Bawcom(AZ)
2:29:19 \$55,000
2:30:24 \$25,000
2:31:14 \$20,000

Stat Sources: USATF, EventPro


US Olympic Team Trials - Marathon; 1984-2020
Total Qualifiers per Quadrennial


U.S. OLYMPIC TEAM TRIALS
MARATHON

## U.S. OLYMPIC TEAM TRIALS - MARATHON EVENT RECORD

MEN: 2:09:02 Ryan Hall, New York, NY 2007
WOMEN: 2:25:38 Shalane Flanagan, Houston, TX 2012

## U.S. OLYMPIC TEAM TRIALS - MARATHON RECORD PROGRESSION

MEN
2:30:48 George Young, Alamosa, CO, 1968
2:15:58 (tie) Kenny Moore, Eugene, OR, 1972
2:15:58 (tie) Frank Shorter, Eugene, OR, 1972
2:11:51 Frank Shorter, Eugene, OR, 1976
2:10:19 Tony Sandoval, Buffalo, NY, 1980
2:09:02 Ryan Hall, New York City, NY, 2008*
*held in November 2007

WOMEN
2:31:04 Joan Benoit, Olympia, WA, 1984
2:29:50 Margaret Groos, Pittsburgh, PA, 1988
2:28:25 Colleen De Reuck, St. Louis, MO, 2004
2:25:38 Shalane Flanagan, Houston, TX 2012

## MEN

TIME PLACE

2:09:02 1
2:09:08 1
2:09:30 2
2:09:47 3
2:09:55 4
2:10:19 1
2:10:41 2
2:10:55 3
2:11:06 5
2:11:07 2

## ATHLETE

Ryan Hall (2008)
Meb Keflezighi (2012)
Ryan Hall (2012)
Abdi Abdirahman (2012)
Dathan Ritzenhein (2012)
Tony Sandoval (1980)
Benji Durden (1980)
Kyle Heffner (1980)
Brett Gotcher (2012)
Dathan Ritzenhein (2008)

## WOMEN

TIME PLACE
2:25:38 1
2:25:55 2
2:26:06 3
2:27:17 4
2:28:20 1
2:28:25 1
2:28:54 2
2:29:19 3
2:29:35 1
2:29:38 2

## ATHLETE

Shalane Flanagan (2012)
Desiree Davila (2012)
Kara Goucher (2012)
Amy Hastings (2012)
Amy Hastings Cragg (2016)
Colleen De Reuck (2004)
Desiree Davila Linden (2016)
Shalane Flanagan (2016)
Deena Kastor (2008)
Deena Kastor (2004

## BEST TIME FOR PLACE

## MEN

| 1st | 2:09:02 | Ryan Hall (2008) | 1st | 2:25:38 | Shalane Flanagan (2012) |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 2nd | 2:09:30 | Ryan Hall (2012) | 2nd | $2: 25: 55$ | Desiree Davila (2012) |
| 3rd | $2: 09: 47$ | Abdi Abdirahman (2012) | 3rd | $2: 26: 06$ | Kara Goucher (2012) |
| 4th | $2: 09: 55$ | Dathan Ritzenhein (2012) | 4th | $2: 27: 17$ | Amy Hastings (2012) |
| 5th | $2: 11: 06$ | Brett Gotcher (2012) | 5th | $2: 29: 45$ | Janet Cherobon-Bawcom (2012) |
| 6th | $2: 11: 24$ | Andrew Carlson (2012) | 6th | $2: 30: 40$ | Deena Kastor (2012) |
| 7th | $2: 11: 53$ | Fernando Cabada (2012) | 7th | $2: 30: 46$ | Clara Grandt (2012) |
| 8th | 2:11:56 | Nick Arciniaga (2012) | 8th | $2: 31: 56$ | Alissa McKaig (2012) |
| 9th | 2:12:23 | James Carney (2012) | 9th | $2: 32: 16$ | Dot McMahan (2012) |
| 10th | 2:12:29 | Jimmy Grabow (2012) | 10th | $2: 33: 42$ | Magdalena Lewy Boulet (2012) |
| 11th | $2: 12: 43$ | Ryan Vail (2012) | 11th | $2: 34: 01$ | Katie McGregor (2012) |
| 12th | $2: 13: 41$ | Ricky Flynn (2012) | 12th | $2: 34: 25$ | Wendy Thomas (2012) |
| 13th | $2: 13: 42$ | Patrick Rizzo (2012) | 13th | $2: 34: 33$ | Melissa White (2012) |
| 14th | $2: 13: 50$ | Josh Cox (2012) | 14th | $2: 35: 09$ | Alisha Williams (2012) |
| 15th | $2: 14: 04$ | lan Burrell (2012) | 15th | $2: 35: 45$ | Heidi Westover (2012) |

## MEN

| 1972 | tie: | Frank Shorter and Kenny Moore (2:15:58) |
| :---: | :---: | :---: |
| 1984 | 1 second: | Peter Pfitzinger (2:11:43), Alberto Salazar (2:11:44) |
| 2004 | 5 seconds: | Alan Culpepper (2:11:42), Meb Keflezighi (2:11:47) |
| 1976 | 7 seconds: | Frank Shorter (2:11:51), Bill Rodgers (2:11:58) |
| 1992 | 8 seconds: | Steve Spence (2:12:43), Ed Eyestone (2:12:51) |
| 1996 | 20 seconds: | Bob Kempainen (2:12:45), Mark Coogan (2:13:05) |
| 1980 | 22 seconds: | Tony Sandoval (2:10:19), Benji Durden (2:10:41) |
| 2012 | 22 seconds: | Meb Keflezighi (2:09:08), Ryan Hall (2:09:30) |
| 1988 | 23 seconds: | Mark Conover (2:12:26), Ed Eyestone (2:12:49) |
| 2000 | 48 seconds: | Rod DeHaven (2:15:30), Peter DeLaCerda (2:16:18) |
| 1968 | 59 seconds: | George Young (2:30:48), Kenny Moore (2:31:47) |
| 2016 | 1 minute, 8 seconds: | Galen Rupp (2:11:12), Meb Keflezighi (2:12:20) |
| 2008 | 2 minutes, 5 seconds: | Ryan Hall (2:09:02), Dathan Ritzenhein (2:11:07) |

## WOMEN

| 1996 | 12 seconds: | Jenny Spangler (2:29:54), Linda Somers $(2: 30: 06)$ |
| :--- | :--- | :--- |
| 1992 | 14 seconds: | Janis Klecker $(2: 30: 12)$, Cathy O’Brien $(2: 30: 26)$ |
| 2012 | 17 seconds: | Shalane Flanagan $(2: 25: 38)$, Desiree Davila $(2: 25: 55)$ |
| 1988 | 24 seconds: | Margaret Groos $(2: 29: 50)$, Nancy Ditz $(2: 30: 14)$ |
| 2016 | 34 seconds: | Amy Cragg $(2: 28: 20)$, Desiree Linden $(2: 28: 54)$ |
| 1984 | 37 seconds: | Joan Benoit $(2: 31: 04)$, Julie Brown $(2: 31: 41)$ |
| 2008 | 44 seconds: | Deena Kastor $(2: 29: 35)$, Magdalena Lewy Boulet $(2: 30: 19)$ |
| 2004 | 1 minute, 13 seconds: | Colleen De Reuck $(2: 28: 25)$, Deena Kastor $(2: 29: 38)$ |
| 2000 | 2 minutes, 5 seconds: | Chris Clark (2:33:31), Kristy Johnston $(2: 35: 36)$ |

## U.S. FINISHES IN OLYMPIC GAMES MARATHON - MEN

## 1968

14) Kenny Moore
15) George Young
16) Ron Daws

## 1972

Frank Shorter, Gold Medal
4) Kenny Moore
9) Jack Bachelor

## 1976

Frank Shorter, Silver Medal
4) Don Kardong
40) Bill Rodgers

1980 (U.S. boycott)
1984
11) Pete Pfitzinger
15) Alberto Salazar

DNF) John Tuttle

## 1988

14) Pete Pfitzinger
15) Ed Eyestone DNF) Mark Conover
16) Gary Fanelli (represented

American Samoa, a U.S. territory)

2000
69) Rod DeHaven
(only U.S. representative)

2004
Meb Keflezighi, Silver Medal
12) Alan Culpepper
65) Dan Browne

2008
9) Dathan Ritzenhein
10) Ryan Hall
22) Brian Sell

2012
4) Meb Keflezighi

DNF) Ryan Hall,
Abdi Abdirahman

2016
Galen Rupp, Bronze Medal
6) Jared Ward
33) Meb Keflezighi

1996
28) Keith Brantly
31) Bob Kempainen
41) Mark Coogan

1992
12) Steve Spence
13) Ed Eyestone
17) Bob Kempainen

## U.S. FINISHES IN OLYMPIC GAMES MARATHON - WOMEN

1984
Joan Benoit, Gold Medal
36) Julie Brown

DNF) Julie Isphording

1988
17) Nancy Ditz
39) Margaret Groos
40) Cathy O'Brien

2000
19) Chris Clark
(only U.S. representative)

1992
10) Cathy O'Brien
12) Francie Larrieu Smith
21) Janis Klecker

## 1996

10) Anne Marie Lauck
11) Linda Somers

DNF) Jenny Spangler

## 2004

Deena Kastor, Bronze Medalist
34) Jen Rhines
39) Colleen de Reuck

2008
27) Blake Russell

DNF) Deena Kastor,
Magdalena Lewy Boulet

2012
9) Shalane Flanagan
10) Kara Goucher

DNF) Des Linden

## 2016

6) Shalane Flanagan
7) Des Linden
8) Amy Cragg

U.S. OLYMPIC TEAM TRIALS
MARATHON

Residence: Portland, OR
Hometown: Portland, OR
Age on Race Day: 33 (8 May 1986)
Coach and/or Team: Mike Smith

Best Qualifying Performance: 2:06:07 (Prague, 2018)
Marathon PB: Same
Olympic Trials Marathon History: 2016 Champion
(2:11:12, in debut at distance)
Olympic Marathon History: 2016, Bronze Medalist (2:10:05)

## Career Highlights:



- 3-time Olympian (2008, 10,000m; 2012, 5000m \& 10,000m; 2016, 10,000m \& Marathon)
- 2012 Olympic Silver Medalist, 10,000m
- 2016 Olympic Bronze Medalist, Marathon
- 2017 Bank of America Chicago Marathon Champion
- 2018 Volkswagen Prague Marathon Champion
- 2nd, 2017 Boston Marathon (2:09:58)
- Holds four American records (10,000m, 26:44.36 in 2014; indoor 3000, 2-Mile, 5000m)

SNAPSHOT: A speedy freshman on his soccer team in 2000, Rupp caught the eye of Alberto Salazar, found a new sport, and was soon setting Oregon high school track on fire. Since making the 2008 U.S. Olympic team at 10,000 meters while still at the University of Oregon, Rupp has become one of the greatest distance runners in U.S. history. In 2012, he became the first American male since Billy Mills in 1964 to win an Olympic medal at 10,000 meters and then in 2016 he became the first American to own an Olympic medal at both 10,000 meters and the marathon. His time in Prague makes him the second-fastest American ever on a record-eligible course. In late 2018, Rupp underwent surgery to correct Haglund's deformity (a congenital defect of the heel bone), and in late 2019 joined forces with a new coach, Mike Smith, for the first time in his career. He has not finished a marathon since Chicago 2018, but on February 8, 2020 tuned up with a 1:01:19 win at the Sprouts Mesa Half Marathon in Phoenix.

FAST FACTS: Rupp's PB of 59:47 in the half marathon makes him the second-fastest American at that distance ... He and his wife, Keara, are the parents of three children, including 5-year-old twins.

Residence: Colorado Springs, CO
Hometown: Iten, Kenya
Age on Race Day: 33 (10 December 1986)
Coach and/or Team: Scott Simmons/U.S. Army WCAP

Best Qualifying Performance: 2:07:56 (Amsterdam, 2019) Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 2016 Olympian, 10,000m
- Team USA for IAAF World Championships 10,000m, 2017 and 2019
- 10-time USATF Champion (2016: 20K; 2017: 10K, 15K, half marathon and cross country; 2018: 15K, 20K and cross country; 2019: 20K and half marathon)
- Fastest marathon debut ever by an American (2:07:56)
- Fifth-fastest American marathoner in history
- Third-fastest American in the half marathon (59:52)

SNAPSHOT: Leonard Korir didn't start running until he was 20 , when it was required at the school he attended in Kenya. He was soon introduced to the famed Brother Colm O'Connell, who helped facilitate his enrollment at Iona College, just outside New York City. There, Korir became a two-time NCAA Champion and 8-time All-American, graduating in 2012 with a degree in political science. In September 2015, he joined the U.S. Army, gaining U.S. citizenship, and in January 2016 began competing for its World Class Athletics Program. Korir promptly made Team USA for the 2016 Olympics, finishing 14th at 10,000 meters, and less than a month later won his first national title, at 20K. In 2017, he won his USATF title at 10K by virtue of his victory at the AJC Peachtree Road Race. On October 20, 2019, just two weeks after finishing 13th at 10,000m in his second-straight World Championships, Korir ran the TCS Amsterdam Marathon in 2:07:56, the fastest-ever debut at the distance by an American.

FAST FACTS: In 2012, Korir finished a close second in NYRR's UAE Healthy Kidney 10K on the morning of May 12, then attended his lona graduation that afternoon ... Later that summer, he won the Belmar Chase 5K in New Jersey after filling out a regular race entry, telling race organizers afterward that he didn't ask for an elite bib because "I didn't think anyone would know who I was" ... After four straight podium finishes, Korir finally won the New Balance Falmouth Road Race in 2019, becoming the first American male to win there since Mark Curp in 1988.

Residence: Flagstaff, AZ
Hometown: Golden, CO
Age on Race Day: 28 (5 November 1991)
Coach and/or Team: Ben Rosario/HOKA ONE ONE Northern Arizona Elite

Best Qualifying Performance: 2:09:09 (Boston, 2019) Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 7th, 2019 Boston Marathon (2:09:09, top American)
- 36th, 2017 IAAF World Cross Country Championships
- 4th, 2016 U.S. Olympic Team Trials - Track \& Field 10,000m
- Runner-up, 2018 USATF 25K Championships
- Runner-up, 2017 USATF 7-Mile and 2016 USATF Half Marathon Championships

SNAPSHOT: After graduating from the University of Portland in 2015, Fauble signed with NAZ Elite and just a few months later finished 3rd in the USATF Club Cross Country Championships, leading the team to victory. The next year, he finished 4th at the U.S. Olympic Trials 10,000m and was runner-up in the USATF Half Marathon Championships, stamping himself as a distance star to watch. He ran his debut marathon in Frankfurt, Germany, in October 2017 in 2:12:35, and after pacing a teammate through the first 17 miles of Chicago in 2018, he lowered his PB by finishing the TCS New York City Marathon in 2:12:25. His breakthrough came at the 2019 Boston Marathon, where he finished as first American and 7th overall in 2:09:09 - despite coming into the race with the second-slowest seed time in the elite field.

FAST FACTS: In 2016, Fauble had an Olympic Marathon Trials qualifier via a 1:03:59 half marathon time, but opted to run the $10,000 \mathrm{~m} . .$. Fauble and his coach documented their four-month training journey to the 2018 TCS New York City Marathon in a book, "Inside a Marathon" ... Hosts "Showrunners" podcast, in which he talks with other elite athletes about movies ... Known for his love for and deep knowledge of burritos ... Summed things up on a recent Rich Roll podcast: "The sport is a lot simpler when you just don't worry about it. ... You don't have to think about all these tactics all the time; you don't have to worry about the courses or the hills or the turns or the weather. It's running. Just get out of your own way."

Residence: Mapleton, UT
Hometown: Kaysville, UT
Age on Race Day: 31 (9 Sept 1988)
Coach and/or Team: Ed Eyestone

Best Qualifying Performance: 2:09:25 (Boston, 2019)
Marathon PB: Same
Olympic Trials Marathon History: 2016, 3rd (2:13:00)
Olympic Marathon History: 2016, 6th (2:11:30)

## Career Highlights:

- 3rd, 2016 U.S. Olympic Team Trials - Marathon
-6th, 2016 Olympic Marathon (2:11:30)
- 6th, 2019 TCS New York City Marathon (2:10:45, top American)
- 8th, 2019 Boston Marathon (2:09:25)
- 3-time USATF Champion (20K, 25K and marathon, all 2015)

SNAPSHOT: When an eligibility mix-up kept Ward from running cross country at BYU in the fall of 2013, his coach - two-time Olympic marathoner Ed Eyestone - suggested he train for a marathon instead. A career was born: In his debut, Ward ran 2:16:17 at the Bank of America Chicago Marathon. In 2014, at the USATF Marathon Championships, he slashed his PB to 2:14:00 when he finished second, and in 2015 improved his time again, to $2: 12: 56$, in winning that U.S. title in Los Angeles. Although he came into the 2016 Trials seeded 12th, he finished 3rd (splitting a remarkably even 1:06:31/1:06:29) to make his first Olympic team. Then, in Rio, he ran a 28 -second negative split to finish a surprising 6th, putting two Americans in the top 6 for the first time since 1976. After the Olympic race, Ward battled a string of injuries that almost kept him out of New York in 2018 - just six weeks before the race, he was ready to withdraw - but his showing there (6th in 2:12:24, top American) marked a turnaround.

FAST FACTS: In April 2016, Ward earned his master's degree in statistics from BYU with a thesis titled "Optimal Pace Strategy in a Marathon." ... Most semesters, he teaches a statistics class in probability, but has taken a hiatus leading into the Trials ... Volunteer coach for the Cougars, who won the 2019 NCAA Cross Country Championships, and partners with Des Linden in "Endure Strong," an online coaching service ... In late October, Ward appeared on an episode of "Shark Tank" seeking funding for a heated massage-therapy ball ... He and his wife, Erica, have four children: Paul, 7; Ellie, 5; Julia, 3; and Magnolia, 1.

Residence: Boulder, CO
Hometown: Bellingham, WA
Age on Race Day: 32 (11 Feb 1988)
Coach and/or Team: Lee Troop

Best Qualifying Performance: 2:10:36 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: 2016, 15th (2:18:31)


## Career Highlights:

- 9th, 2019 Bank of America Chicago Marathon (2:10:36, first American)
- 4th, 2019 USATF Club Cross Country Championships
- 2nd, 2015 Cherry Blossom 10-Mile
- 2nd, 2015 Great Edinburgh Cross Country 8K
- 11th, 2014 Bank of America Chicago Marathon (2:13:16, debut)

SNAPSHOT: After looking like a rising star and finishing 15th at the 2016 Olympic Team Trials Marathon, Jake Riley disappeared from the sport for almost three years, hampered by Achilles issues. After eventually being diagnosed with Haglund's syndrome and having surgery in 2018, he was finally able to race another marathon last fall - and finished as the top American as he set a PB in Chicago. Among several major changes in Riley's life since the 2016 Trials, he moved from Michigan to Colorado, where he is studying for a master's degree in mechanical engineering and working as a test-prep tutor.

FAST FACTS: On his surprising 2019 Chicago finish: "I wasn't sure I would ever get the chance to race as an elite again," he said. "It was surreal." ... Graduated from Stanford in 2011 as a 2-time Academic All-American and 8-time All-American ... Says his favorite running memory is going 1-2-3 with teammates Elliott Heath and Chris Derrick at the 2010 PAC 10 Cross Country Championships, in a Stanford sweep.

Residence: Fort Collins, CO
Hometown: Logan, UT
Age on Race Day: 24 (24 May 1995)
Coach and/or Team: Mark Carroll/Boston Athletic Association

Best Qualifying Performance: 2:10:37 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 10th, 2019 Bank of America Chicago Marathon (2:10:37)
- 13th, 2019 Aramco Houston Half Marathon (1:02:15)
- 4th, 2019 USATF 20K Championships (59:43)
- 6th, 2019 Boilermaker 15K (44:24, 2nd American)

SNAPSHOT: A two-time Mountain West cross country and 10,000-meter champion, the 4-time All-American led Colorado State to the first Mountain West cross country title in school history and then helped the Rams to a 9th-place finish at the 2017 NCAA Cross Country Championships, matching their best finish since 1978. After graduating in May 2018, he continued to be coached by Art Siemers and spent the rest of the year getting accustomed to road racing. Training with 2:13 marathoner Andrew Epperson, Mock had hoped to break 2:14 in Chicago - his debut at the distance - but his 2:10:37 made him the 5th-fastest American marathoner of 2019 and an instant contender for the 2020 Olympic team. Should he succeed, he would be the youngest male ever to do so. He recently signed to run for the B.A.A. High Performance Team, and expects to relocate in the future.

FAST FACTS: Mock is the son of two national-level cyclists, Karen and Jon ... Has played guitar in a band called Hermit Commune.

Residence: Boulder, CO
Hometown: Austin, TX
Age on Race Day: 27 (3 March 1992)
Coach and/or Team: Dathan Ritzenhein

Best Qualifying Performance: 2:10:53 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 2019 USATF 25K Champion and American Record-holder (1:13:48)
- 2nd, 2018 USATF Half Marathon Championships (1:02:38)
- 2011 Junior Pan American Games Champion, 10,000m
- 6th, IAAF World Junior Championships, 10,000m
- 11th, Bank of America Chicago Marathon (2:10:53, 3rd American)

SNAPSHOT: A 9-time All-American at the University of Oregon and 3-time USATF Junior 10,000m Champion, Stinson made his marathon debut at the 2017 USATF Championships. It was dramatic one: he finished 31st in 2:18:07 after hitting Mile 22 on 2:09 pace - which few Americans have ever run - until being attacked by cramps and side stitches. It was not the last time that fans would see him race aggressively, but in setting his PB last fall in Chicago he ran almost exactly even splits of 1:05:25 and 1:05:28. Last year was a good one for Stinson: he ran a half marathon PB of 1:02:11 in Houston to kick it off, and in May split the half even faster than that (1:02:02) in winning his first national title and setting an American record in the USATF 25K Championships. He is coached by three-time Olympian Dathan Ritzenhein, who is also expected to be on the Trials starting line.

FAST FACTS: Married to former Ducks runner Ashley Stinson, whose parents were both NCAA Champions: Michelle Dekkers won the 1988 cross country title running barefoot and her father, Jim Maton, won the 1988 indoor 800-meter title ... Says he and Ashley have one child, a Bengal cat named Layla.

Residence: Portland, OR
Hometown: Brentwood, TN
Age on Race Day: 32 (14 March 1987)
Coach and/or Team: Jerry Schumacher/Bowerman Track Club

Best Qualifying Performance: 2:10:56 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 2013 USATF 5K Champion
- Runner-up, 2014 USATF Outdoor Championships, 5000m
- 2011 Team USA for IAAF World Championships (5000m) and World Cross Country Championships
- 5th, 2018 Boston Marathon (2:19:52)
- 12th, 2019 Bank of America Chicago Marathon (2:10:56, fourth American)

SNAPSHOT: A 10-time state champion as a Tennessee high schooler, Bumbalough went on to become a 6-time All-American at Georgetown before seeing immediate success as a pro: He came within one spot of making the 2012 U.S. Olympic Team in 2012 when he finished 4th at 5000 meters. In 2013 he won the USATF 5K title, and in March of 2015 debuted in the half marathon in 1:02:04. Soon after, he suffered a groin injury that required surgery; complications led to another injury in early 2016 that slowed him for another season and kept him out of the 2016 U.S. Olympic Team Trials - Marathon. After a long rehab, "Bumbi" shifted his focus to the marathon, debuting at Tokyo in 2017. The Trials will be his fifth marathon.

FAST FACTS: He and wife, Anne, have been married for 8 years. Since 2014, they have served as foster parents; they adopted their 7-year-old son, Legend ... According to his bio on the BTC website, "He's an avid fan of the band Phish, but he's not obnoxious about it." ... On the way to his 5th place finish at Boston in 2018, amid a cold and lashing rain, Bumbalough said he just tried to stay calm. "Once you start to question whether you can do it, it's a self-fulfilling thing." ... Ran "Road to Gold" test event and calls Atlanta course "very challenging. I think it's way harder than Boston."

Residence: Atlanta, GA
Hometown: Clinton, NJ
Age on Race Day: 26 (10 May 1993)
Coach and/or Team: Amy and Andrew Begley/Atlanta Track Club

Best Qualifying Performance: 2:10:56 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 14th, 2019 Bank of America Chicago Marathon (2:11:10, fifth American)
- 2nd, 2018 Toyota Rock 'n' Roll Las Vegas Half Marathon (1:04:54)
- 2015 Ivy League Champion, 10,000m

SNAPSHOT: The 2011 Ivy League Rookie of the Year at Princeton, McDonald captained the team in 2014-15 to its Triple Crown of winning the Ivy cross country, indoor and outdoor titles - winning the 10,000 meters outdoors and finishing second at 5000 meters indoors. In 2015, when he moved to Atlanta to pursue a Doctorate in Chemical Engineering at Georgia Institute of Technology, he thought he might have to quit running, but instead joined Atlanta Track Club and ran his first Trials qualifier ( $2: 18: 33$ ) at the 2017 California International Marathon in his debut at the distance.

FAST FACTS: On days when McDonald ran twice while training for Chicago, he would start a lab experiment in the afternoon, run 6 miles, then return to the experiment ... Ran a 3-minute PB in Chicago ... Lives about a mile from the Trials course.

Residence: Flagstaff, AZ
Hometown: Annapolis, MD
Age on Race Day: 31 (1 Aug 1988)
Coach and/or Team: Self

Best Qualifying Performance: 2:11:14 (Berlin, 2019)
Marathon PB: Same
Olympic Trials Marathon History: 2016, 6th (2:15:16)

## Career Highlights:



- 14th, 2019 BMW Berlin Marathon (2:11:14, top American)
- 2nd, 2018 California International Marathon (2:12:59)
- 13th, 2015 BMW Berlin Marathon (2:12:28, top American)
- 2nd, 2015 USATF Marathon Championships (2:16:13)

SNAPSHOT: In 2011, Llano was struck by an SUV on a training run. He later developed difficulty breathing on long runs, and contemplated quitting the sport. But in 2013 he joined HOKA ONE ONE Northern Arizona Elite and had a breakthrough, finishing 7th in the USA 20K Championships. In January 2014, he popped a 1:01:47 at the USATF Half Marathon Championships, good for a spot on Team USA for the IAAF World Half Marathon Championships. After a disappointing marathon debut of 2:17:43 in 2014 at Chicago, he improved to 2:16:13 at the 2015 Los Angeles Marathon and then slashed his personal best by 4 minutes at the 2015 BMW Berlin Marathon, where he ran 2:12:28 - gaining momentum for the 2016 Trials, where he finished 6th before injuries and three surgeries sidelined him for much of the rest of 2016 and 2017 and he again wondered if his running career was over. He came back to run 2:13:42 in the Mainova Frankfurt Marathon in October 2017, and in June 2018 left NAZ Elite. After a brief stint of being coached by Ryan Hall, he went on his own and last September set a PB in Berlin.

FAST FACTS: At the University of Richmond, triple-majored in psychology, Latin American \& Iberian studies and theater ... In a blog post in December 2013 titled "It's Time," Llano came out publicly as gay. "I want to help advance this movement in any way I can," he wrote ... Ran in high school with Matt Centrowitz; they led their team to two state cross country titles.

Although they are not among the 10 fastest qualifiers, three other athletes competing in the 2020 U.S. Olympic Team Trials - Marathon deserve mention as possible contenders.

## ABDI ABDIRAHMAN

A four-time Olympian, Abdirahman, 43, missed the 2016 U.S. Team Trials Marathon with a calf injury, but is expected to be on the starting line in Atlanta in an attempt to make his fifth U.S. Olympic Team. From 2000-2008, he competed at 10,000 meters - making Team USA every time - and in 2012 he finished a surprising 3rd in the marathon Trials to make the team for London. His most-recent marathon result was a 9th-place finish at the 2019 TCS New York City Marathon in November (2:11:34), a new American master's record.


## BERNARD LAGAT

At 45, Lagat will be seeking to make his sixth Olympic team. In 2000 and 2004, while representing his native Kenya, he won a bronze medal at 1500m in 2000 and a silver at the same distance in 2004. In 2008 he competed for Team USA in Beijing at both 1500-meter and 5000-meter (finished 9th at 5000-meter); in 2012 he competed at 5000-meter (4th); and in 2016 not only won the 5000-meter at the Trials but finished 5th in Rio - as the oldest American runner ever to compete for the U.S. in an Olympic Games, at the age of 41 . He is also the only athlete ever to win the 1500 -meter and 5000meter titles at the same World Championships, which he did for the U.S. in 2007. He has run two marathons, most recently a 2:12:10 effort at the Gold
 Coast Marathon in Australia last July.

## DATHAN RITZENHEIN

Ritzenhein is the 4th-fastest U.S. marathoner in history, with a PB of 2:07:47 set at the 2012 Bank of America Chicago Marathon (behind Khalid Khannouchi, Galen Rupp and Ryan Hall). At 37, he will be attempting to make his fourth Olympic team: in 2004, he competed in Athens at 10,000 meters; in 2008 he ran the marathon in Beijing (9th, 2:11:59; and in 2012 he made Team USA at 10,000 meters for London after finishing 4th at the marathon Trials, just missing that team. Ritzenhein has battled injuries for much of his career, and completed his first marathon since 2015 when he ran a 2:16:19 at the 2019 Boston Marathon.

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U.S. OLYMPIC TEAM TRIALS
MARATHON

Residence: Arroyo Grande, CA
Hometown: Arroyo Grande, CA
Age on Race Day: 28 (21 September 1991)
Coach and/or Team: Paula Radcliffe, adviser

Best Qualifying Performance: 2:20:57 (Chicago, 2017) Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 3rd, 2017 Bank of America Chicago Marathon (2:20:57, \#2 all-time U.S.)
- 3rd, 2017 Boston Marathon (2:23:00, fastest debut by an American woman in history)
- Three-time USATF Road Champion (15K, 10 Mile and 20K)

SNAPSHOT: A two-time Footlocker Cross Country Champion, Hasay was a high school phenom who set nine national records and competed in the 2008 U.S. Olympic Trials at 1500 meters before she had her diploma. After an 18 -time All-American career at the University of Oregon, she embarked on a pro career that fell short of expectations on the track but took off like wildfire when she and then-coach Alberto Salazar switched focus to the marathon distance after Hasay didn't make the 2016 U.S. Olympic team at either 5000 or 10,000 meters. In April 2017, her 2:23:00 (good for 3rd) at Boston was the fastest debut ever by an American woman, and she followed that up with a 3rd at 2:20:57 in Chicago later that year - making her the second-fastest American woman of all-time, behind only Deena Kastor. Stalled by surgery for a foot injury in 2018, she returned in time to finish 3rd again at the 2019 Boston Marathon, but later last year dropped out in the early miles of Chicago after tearing a hamstring. Late in 2019, she announced that Paula Radcliffe would serve as her coaching adviser.

FAST FACTS: FAST FACTS: Was valedictorian of her high school class ... During last few miles of her record-setting debut in Boston, she kept repeating the words "shining star" because it was a term of endearment her mother had used before passing away unexpectedly five months earlier ... Mother had also called her by the pet name "Paula," after Radcliffe.

Residence: Portland, OR
Hometown: Leavenworth, KS
Age on Race Day: 36 (21 January 1984)
Coach and/or Team: Jerry Schumacher/Bowerman Track Club

Best Qualifying Performance: 2:21:42 (Tokyo, 2018) Olympic Marathon Trials History: 2012, 4th (2:27:17); 2016, Champion (2:28:20)
Olympic Trials Marathon History: 2016, 9th (2:28:25)

## Career Highlights:

- 2016 U.S. Olympic Team Trials - Marathon Champion

- 2012 U.S. Olympic Team Trials - Track \& Field Champion, 10,000m
- 2017 IAAF World Championships Marathon Bronze Medalist
- Member of 2010 IAAF World Cross Country Championships 8K Bronze Medal Team
- 2014 USATF 10 km Champion, a title she won at AJC Peachtree Road Race
- 2015 USATF 15 km Champion

SNAPSHOT: Despite rain that left her running ankle-deep in puddles, Cragg's runner-up 2:27:03 debut in the 2011 Los Angeles Marathon instantly made her a contender at the 2012 Olympic Team Trials Marathon. There, she finished a heartbroken 4th - one spot shy of making the U.S. team - and "cried every day for a month." But that summer she would head to the Games after all, thanks to her Trials victory at 10,000 meters on the track. Flash forward to the 2016 marathon Trials, when Cragg became a role model for good sportsmanship by encouraging Bowerman Track Club training partner Shalane Flanagan to hang on despite her struggle in the heat, even slowing her pace to stay with her foundering teammate. Cragg would eventually go on to victory, and would soon catch a collapsing Flanagan in her arms as she, too, made the team.

FAST FACTS: Citing fatigue, Cragg raced only four times last year and has not run a marathon in two years, since Tokyo in February 2018 ... One of those four races was a victory in the Road to Gold 8-Mile race in Atlanta, a test event on the Trials course ... Has been training for Trials at altitude in Colorado Springs ... Ran a tune-up race on February 9 at the Humana Rock ' $n$ ' Roll New Orleans Half Marathon (1:16:53) ... Was a teammate of Des Linden at Arizona State, where Cragg was the 2006 NCAA Indoor Champion at 5000 meters ... The former Amy Hastings, she married Irish Olympian Alistair Cragg in 2014.

Residence: Flagstaff, AZ
Hometown: Santa Rosa, CA
Age on Race Day: 36 (15 April 1983)
Coach and/or Team: Ryan Hall

Best Qualifying Performance: 2:22:16 (Berlin, 2019)
Marathon PB: Same
Olympic Trials Marathon History: 2016, DNF

## Career Highlights:

- Gold Medalist, 2011 Pan American Games 3000-meter Steeplechase
- 10-time USATF Champion
- 5th, 2019 BMW Berlin Marathon (2:22:16)
- 2017 USATF Marathon Champion (2:28:10)

SNAPSHOT: One of the most versatile runners in the sport, Hall has won an international gold medal in the steeple and USATF titles at distances from the mile (2011) to the marathon (2017) - starting with a 5K road title in 2006 and including a cross country title in 2012. In 2019 alone, she won titles at $10 \mathrm{~K}, 10$ Miles and 20K. This will be her fifth Olympic Trials, in which she has competed at three distances on the track - 5000m in 2004; 1500m in 2008; 3000m steeplechase in 2012 - and in the marathon in 2016. Known for thriving on short turnarounds, Hall finished as top American at the 2015 IAAF World Cross Country Championships just 13 days after running her marathon debut in Los Angeles; in 2017 she ran a then-PB 2:27:21 in the Mainova Frankfurt Marathon on October 29 and then won the USATF title on December 3; and in 2019 she won the USATF 10 Mile Championships just a week after smashing her marathon PB. (Hall also started the 2019 TCS New York City Marathon on Nov. 3, just five weeks after Berlin, but was a DNF due to a stomach issue.)

FAST FACTS: In the fall of 2015, Hall and husband Ryan adopted four sisters from Ethiopia: Hana, now 19; Mia, 16; Jasmine, 12; and Lily, 9. Hana has since won several Arizona state high school titles and will compete in the fall for Grand Canyon University ... In 2009, the couple founded the Hall Steps Foundation to fight world poverty through better health ... Hall says that if Ryan (a two-time Olympian and fastest marathoner in U.S. history) hadn't been competing, she might have retired long ago. Instead, she's had the best years of her career since they adopted their family and he retired in 2016. ... Since making her debut at the 2015 Los Angeles Marathon in 2:48:02, Hall has lowered her personal best by almost 26 minutes.

Residence: Providence, RI
Hometown: Chesterfield, MO
Age on Race Day: 28 (12 October 1991)
Coach and/or Team: Ray Treacy

Best Qualifying Performance: 2:23:08 (London, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 2-time World Championships 10,000m (9th 2017; 10th 2019)
- 2-time USATF Champion (2016 10K; 2018 5K)
- 6th, Virgin Money London Marathon (2:23:08, top American)
- 5th, 2019 Aramco Houston Half Marathon (1:07:30, top American, \#2 all-time U.S. on record-eligible course)
- 2-time NCAA Champion, 5000m (indoors and outdoors, 2015) and NCAA record-holder, 5000m indoors (15:12.22)

SNAPSHOT: After a 10-time All-American career at Providence College, Sisson won the 2016 USATF 10 km Championships in her first full year as a pro, and then in 2017 ran the fastest half marathon debut ever by an American woman (1:08:21) when she finished as runner-up at the United Airlines NYC Half to training partner Molly Huddle. In 2019, Sisson arguably had the best year of any U.S. distance runner, kicking it off with a 1:07:30 at the Aramco Houston Half Marathon, just five seconds off Huddle's American record, and following that up in March with a 10,000-meter win in 30:49.57 at Stanford that made her the 3rd-fastest U.S. woman in history. The next month, she ran 2:23:08 in London - the fastest American debut in history on a recordeligible course, behind only Jordan Hasay's 2:23:00 in the 2017 Boston Marathon. After finishing second at the USATF Outdoor Championships, she capped off her year by earning 10th at the World Championships.

FAST FACTS: In August 2018, Sisson married Shane Quinn, also an All-American at Providence ... "When I graduated in 2015, working out with Molly terrified me," she said in a 2019 interview with PodiumRunner. "We could tempo together but on the track, she was just so much faster than me. ... She's been great about helping me get there as well. It speaks volumes about her character, because she was the one who helped me in the beginning to rise up to another level. I've been pretty lucky."

Residence: Flagstaff, AZ
Hometown: Sussex, WI
Age on Race Day: 33 (22 July 1986)
Coach and/or Team: Ben Rosario/HOKA ONE ONE Northern Arizona Elite

Best Qualifying Performance: 2:24:29 (Grandma's, 2018)
Marathon PB: Same
Olympic Trials Marathon History: 6th, 2016 (2:32:50)

## Career Highlights:



- 2018 Grandma's Marathon Champion (2:24:29, course record)
- 6th, 2016 Olympic Team Trials - Marathon (2:32:50)
- 3rd, 2019 USATF Outdoor Championships 10,000m (32:02)
- 2014 USA 25K Champion (1:25:26)
- 2015 Pan American Games Bronze Medalist, 5000m

SNAPSHOT: After finishing third in the 2009 NCAA Indoor Championships at the mile at Wichita State, Taylor signed on with McMillan Elite in Flagstaff only to discover that she was pregnant. McMillan held her spot, and after her husband, Kyle, returned from a tour of duty in Afghanistan they relocated. In 2012, she finished 10th at 10,000 meters and 14th at 5000 meters at the U.S. Olympic Team Trials - Track \& Field. Her surprising 2:28:40 at the 2015 Chevron Houston Marathon - the sixth-fastest debut in history by an American woman - stamped her as a contender at the 2016 Olympic Team Trials - Marathon, where she finished 6th. Later that summer, Taylor came even closer to making the Olympic team when she placed 4th at 10,000m. After winning Grandma's in 2018, she produced impressive 2019 performances in Prague (4th, 2:26:27) and New York (7th, 2:26:52).

FAST FACTS: Taylor has completed her certification to become a firefighter. She was in her early teens when her grandmother's house in Wisconsin was destroyed in a fire, and she recalls walking heartbroken through the ashes. "Maybe it came from that," she says of her passion for the profession ... Says she has never been one to follow the mainstream, from the time she thought it was fun to catch bees and join a boys' select under-12 soccer team as a child ... NAZ Elite teammate Scott Fauble, on a Citius podcast in November, said Taylor "has been on another level" in workouts ... She and Kyle have a 9-year-old daughter, Kylyn, and are active as foster parents as well.

Residence: Eugene, OR
Hometown: Marakwet, Kenyal
Age on Race Day: 34 (19 December 1985)
Coach and/or Team: Mark Rowland/Oregon Track Club Elite

Best Qualifying Performance: 2:25:10 (Berlin, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- Silver Medalist, 2012 Olympics and 2011 IAAF World Championships 10,000m
- 4th, 2012 Olympics, 5000m
- 5th, 2015 World Championships, 10,000m
- 2nd, 2016 TCS New York City Marathon (2:28:01)
- 9-time NCAA Champion (tied with Suzy Favor Hamilton for women's record)

SNAPSHOT: An Olympic silver medalist at 10,000 meters in 2012 for her native Kenya, Kipyego just missed another medal, at 5000 meters, when she placed 4th at those London Games. She finished second at the TCS New York City Marathon in her 2016 debut at the distance, later discovering that she was four weeks' pregnant at the time with her daughter, Emma, who was born in July 2017. Kipyego had planned to make her comeback from maternity in 2018 at New York, but a bout of malaria and pneumonia derailed her plans. She finished 13th in the Aramco Houston Half Marathon in January 2019, then ran Boston in April but was forced to drop out with cramping in her quads. Finally, in September 2019, she completed her second marathon, a PB and OTQ, in Berlin.

FAST FACTS: Finished 8th for Kenya in the 2001 World Cross Country Junior Championships, when she was 15 ... First woman in NCAA Division I history to win three consecutive cross country titles ... Became a U.S. citizen in January 2017, 12 years after first arriving in America to attend South Plains College before transferring to Texas Tech ... The 2018 B.A.A. 10 K was her first major race as a U.S. citizen ... Inducted into Texas Tech Hall of Fame in November 2019 ... Is married to Kevin Chelimo, also a runner; they met in college.

Residence: Boise, ID
Hometown: Elk River, MN
Age on Race Day: 27 (8 July 1992)
Coach and/or Team: Kameron Ulmer/Idaho Distance Project

Best Qualifying Performance: 2:25:27 (Chicago, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 4th, 2019 Bank of America Chicago Marathon (2:25:27)
- 2018 USATF Marathon Champion (2:28:19)
- 2019 USATF 25 km Champion
- 2014 NCAA Champion, 10,000m

SNAPSHOT: A 12-time All-American at Boise State University, Bates spent the first two years of her pro career in Boston before returning in late 2017 to Boise. "I didn't realize how special a place Boise was until I left," she said. "This is the place I thrive the most." She and her then-fiancé/ coach, Kameron Ulmer, bought a house about an hour northeast of Boise, where they live with no electricity or running water, using solar power and batteries and getting water from a natural spring about three miles away and storing it in a cistern or bringing it back from Boise. Their goal is to eventually live off the land. The move rejuvenated her career: about a year after relocating, with three podium finishes at USATF championships earlier in 2018 ( $25 \mathrm{~K}, 20 \mathrm{~K}$ and $10-\mathrm{Mile}$ ), she ran 2:28:19 to win the USATF Marathon Championships that December in her debut at the distance. Unsponsored at the time, she did so wearing a black shirt inscribed "Run for Camp Fire Relief," to help raise funds for those affected by the deadly California wildfire.

FAST FACTS: Bates, Ulmer and Kinsey Middleton - the 2018 Canadian Marathon Champion founded the Idaho Distance Project, which trains in Boise and has more than a dozen athletes ... Bates, in 8th place, led the women's team to a third-place finish at the 2018 USATF Club Cross Country Championships just six days after the California International Marathon, where she won the U.S. title.

## MOLLY HUDDLE

Residence: Providence, RI
Hometown: Elmira, NY
Age on Race Day: 35 (31 August 1984)
Coach and/or Team: Ray Treacy

Best Qualifying Performance: 2:26:33 (London, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 6th, 2016 Olympics, 10,000m (30:13.17, American record)
- 11th, 2012 Olympics, 5000m
- 5-time member Team USA at IAAF World Championships; best finish 4th at 10,000m in 2015
- 28-time USATF Champion
- Holds seven American records: 10,000m (30:13.17), half marathon (1:07:25), half marathon women-only (1:08:31), 5K (14:50), 10K women-only (31:21); 12K and 20K
- 3-time winner, United Airlines NYC Half (2015-17)
- 3rd, 2016 TCS New York City Marathon (2:28:13)

SNAPSHOT: A 28-time national champion on track and roads, Huddle won her first national title, at 10 K in Boston, back in 2008, and her most recent in July 2019 when she won her fifthconsecutive title at $10,000 \mathrm{~m}$ on the track. (She also won four straight 5 K road titles from 20122015, and six total). Huddle is seeking to make her first Olympic marathon team after twice participating on the track, in London and Rio. It was a few months after Rio that Huddle made her long-awaited marathon debut, at the 2016 TCS New York City Marathon, where she finished 3rd in 2:28:13. She started 2018 in fine form, breaking Deena Kastor's 12-year-old North American half marathon record when she an 67:25 to place 7th at the Aramco Houston Half Marathon in January, but suffered brutal conditions (while running with a tooth infection) in Boston that April to finish 13th in 2:50:28. She bounced back in New York that fall with a 2:26:44, good for 4th, and then lowered her PB in London when she finished 12th in 2019.

FAST FACTS: Has a twin sister, Megan ... Married to Canadian middle-distance runner and former Notre Dame teammate Kurt Benninger ... Set a Notre Dame University record with nine NCAA AllAmerica honors ... Paints her fingernails in a special color scheme the night before each race ... Is a host of the "Keeping Track" podcast.

Residence: Charlevoix, MI
Hometown: Chula Vista, CA
Age on Race Day: 36 (26 July 1983)
Coach and/or Team: Walt Drenth

Best Qualifying Performance: 2:26:46 (New York, 2019)
Marathon PB: 2:22:38 (Boston, 2011)
Olympic Trials Marathon History: 13th, 2008 (2:37:50);
2nd, 2012 (2:25:55); 2nd, 2016 (2:28:54)
Olympic Marathon History: 2012, DNF (injury); 2016, 7th (2:26:08)


## Career Highlights:

- 2-time Olympian, 2012 and 2016
- 7th, 2016 Olympic Games
- 2018 Boston Marathon Champion
- Runner-up, 2011 Boston Marathon (2:22:38)

SNAPSHOT: If experience counts, Linden leads the way: the Trials will be her 20th career marathon, highlighted by becoming the first American woman to win the Boston Marathon in 33 years when she broke the tape in 2018 amid a cold and windswept downpour. Should she finish in the top three on February 29, she will make still more history as the first American woman to earn a spot on three Olympic marathon teams. Consistency is another hallmark: Since finishing 18th in her debut marathon in Boston 2007, Linden has rarely finished out of the Top 10, and has been in the Top 5 nine times in World Marathon Majors races. And although her 2018 victory was historic, her 2011 runner-up finish in Boston was at least as remarkable: Largely under the radar, Linden came from behind late in the race to put herself in a sprint finish on Boylston Street, coming within two seconds of victory before sealing the deal seven years later. In her most recent marathon, Linden finished as top American and 6th overall at the 2019 TCS New York City Marathon (2:26:46).

FAST FACTS: She and husband Ryan, married in August 2013, co-founded and operate Linden x Two, a specialty coffee company ... The couple has an 11-year-old Chesapeake Bay Retriever named Atlas and 2-year-old Golden Retriever named Boston ... Known for being a whiskey connoisseur and devoted reader ... Graduated from Arizona State University in 2006 with degrees in religious studies and psychology ... with fellow 2016 Olympian Jared Ward, coaches at Endure Strong.

Best Qualifying Performance: 2:26:50 (Rotterdam, 2019)
Marathon PB: Same
Olympic Trials Marathon History: Debut

## Career Highlights:



- 9-time USATF Champion (5K, 10K, 7 Mile, 20K, half marathon, cross country and three times at 25 K ), including a victory at the 2017 AJC Peachtree Road Race to earn the 10 K title
- 15th, 2017 World Cross Country Championships (top American)
- 3rd, 2019 Rotterdam Marathon, 2:26:50

SNAPSHOT:Tuliamuk earned a degree in public health from Wichita State in 2013. When the chance came along for the 9-time All-American to become a U.S. citizen (in late April 2016), Tuliamuk saw it as both a way to help her family and as "the least I could do, because I wanted to give back to this country that gave me an amazing opportunity. I am so proud to be an American." Less than a month after becoming a citizen, Tuliamuk won her first national title, at the 2016 USATF 25 km Championships; that summer, she finished 8th at $10,000 \mathrm{~m}$ in the U.S. Olympic Team Trials - Track \& Field. In late June 2019, Tuliamuk was diagnosed with a stress fracture in her right femur; she barely ran a step until August 28 and didn't race again until the TCS New York City Marathon on November 3, where she was 12th in 2:28:12 - five minutes faster than her 2:33:18 at that race two years earlier.

FAST FACTS: As a teenager, Tuliamuk hoped to become a nurse. College tuition in Kenya, however, would have drained the resources available for her siblings - 31 of them, given her father's four wives ... Tuliamuk's interest in health care began when she was 10; a baby brother died despite her efforts at sprinting from one closed dispensary to another seeking help ... During her recovery from a stress fracture in 2019, Tuliamuk studied YouTube videos and began crocheting beanies to pass the time. She now sells them at AllieResiliencyHats on Etsy ... Before she discovered crocheting to keep busy, she drove for Uber during a 2018 injury to stave off boredom ... She was given her first pair of running shoes by her legendary countrywoman, Tegla Loroupe.


[^0]:    *Trials record

