

# ELEVATION DATA SET FOR ATLANTA OLYMPIC TRIALS COURSE

Atlanta OTM

| Distance     | Elevation   |             |
|--------------|-------------|-------------|
| 0.000        | 1021        | <b>1021</b> |
| 0.043        | ▲ 1025      |             |
| 0.067        | ▲ 1030      |             |
| 0.098        | ▲ 1036      |             |
| 0.124        | ▲ 1040      |             |
| 0.152        | ▲ 1044      |             |
| 0.200        | +41 ▲ 1050  |             |
| 0.200        | ▲ 1052      |             |
| 0.251        | ▲ 1060      |             |
| 0.292        | ▲ 1062      |             |
| 0.330        | ▲ 1060      | -6          |
| 0.375        | ▲ 1056      |             |
| 0.430        | +4 ▲ 1060   |             |
| 0.450        | ▲ 1060      |             |
| 0.470        | ▲ 1060      | -2          |
| 0.500        | ▲ 1058      |             |
| 0.555        | ▲ 1060      |             |
| 0.595        | +20 ▲ 1070  |             |
| 0.650        | ▲ 1078      |             |
| 0.710        | ▲ 1077      |             |
| 0.770        | ▲ 1070      |             |
| 0.820        | ▲ 1060      |             |
| 0.870        | ▲ 1054      |             |
| 0.910        | ▲ 1050      |             |
| 0.980        | ▲ 1040      | -42         |
| <b>1.000</b> | <b>1036</b> | <b>1036</b> |
| 1.038        | ▲ 1030      |             |
| 1.093        | ▲ 1027      |             |
| 1.138        | ▲ 1020      |             |
| 1.210        | ▲ 1009      | -27         |
| 1.242        | ▲ 1010      |             |
| 1.306        | ▲ 1016      |             |
| 1.349        | +11 ▲ 1020  |             |
| 1.400        | ▲ 1020      |             |
| 1.480        | ▲ 1015      | -5          |
| 1.550        | ▲ 1020      |             |
| 1.580        | ▲ 1020      |             |
| 1.655        | +8 ▲ 1023   |             |
| 1.716        | ▲ 1020      |             |
| 1.800        | ▲ 1010      |             |
| 1.910        | ▲ 1000      | -27         |
| <b>2.000</b> | <b>996</b>  | <b>996</b>  |

| Mile   | Elv  | Up   | Down | Net |
|--------|------|------|------|-----|
| 1      | 1021 | 65   | 50   | 15  |
| 2      | 1036 | 19   | 59   | -40 |
| 3      | 996  | 23   | 79   | -56 |
| 4      | 940  | 63   | 33   | 30  |
| 5      | 970  | 82   | 28   | 54  |
| 6      | 1024 | 18   | 73   | -55 |
| 7      | 969  | 83   | 71   | 12  |
| 8      | 981  | 86   | 22   | 64  |
| 9      | 1045 | 51   | 60   | -9  |
| 10     | 1036 | 19   | 59   | -40 |
| 11     | 996  | 23   | 79   | -56 |
| 12     | 940  | 63   | 33   | 30  |
| 13     | 970  | 82   | 28   | 54  |
| 14     | 1024 | 18   | 73   | -55 |
| 15     | 969  | 83   | 71   | 12  |
| 16     | 981  | 86   | 22   | 64  |
| 17     | 1045 | 51   | 60   | -9  |
| 18     | 1036 | 19   | 59   | -40 |
| 19     | 996  | 23   | 79   | -56 |
| 20     | 940  | 63   | 33   | 30  |
| 21     | 970  | 82   | 28   | 54  |
| 22     | 1024 | 18   | 73   | -55 |
| 23     | 969  | 83   | 71   | 12  |
| 24     | 981  | 72   | 33   | 39  |
| 25     | 1020 | 45   | 30   | 15  |
| 26     | 1035 | 69   | 54   | 15  |
| 26.2   | 1050 | 0    | 22   | -22 |
| Finish | 1028 |      |      |     |
|        |      | 1389 | 1382 | +7  |

|              |             |                 |
|--------------|-------------|-----------------|
| 2.000        | 996         | <b>996</b>      |
| 2.087        | +3 ▲ 999    |                 |
| 2.171        | ▲ 990       | <b>3rd Mile</b> |
| 2.255        | ▲ 974       |                 |
| 2.293        | ▲ 974       | -38             |
| 2.349        | ▲ 961       |                 |
| 2.404        | ▲ 966       | <b>+23</b>      |
| 2.505        | ▲ 974       |                 |
| 2.532        | +15 ▲ 976   | <b>DOWNHILL</b> |
| 2.567        | ▲ 972       | <b>-79</b>      |
| 2.594        | ▲ 970       |                 |
| 2.674        | ▲ 970       |                 |
| 2.700        | +5 ▲ 975    | <b>-56</b>      |
| 2.732        | ▲ 974       |                 |
| 2.786        | ▲ 970       |                 |
| 2.890        | ▲ 954       |                 |
| 2.955        | ▲ 945       | -35             |
| <b>3.000</b> | <b>940</b>  | <b>940</b>      |
| 3.098        | ▲ 930       | -10             |
| 3.223        | ▲ 940       |                 |
| 3.260        | +13 ▲ 943   | <b>4th Mile</b> |
| 3.320        | ▲ 936       | -7              |
| 3.384        | +6 ▲ 942    |                 |
| 3.422        | ▲ 940       | -12             |
| 3.543        | ▲ 930       |                 |
| 3.654        | ▲ 940       | <b>DOWNHILL</b> |
| 3.724        | ▲ 950       | <b>-33</b>      |
| 3.784        | +44 ▲ 960   |                 |
| 3.924        | ▲ 974       |                 |
| 3.974        | ▲ 970       | <b>+30</b>      |
| <b>4.010</b> | <b>970</b>  | <b>970</b>      |
| 4.036        | ▲ 968       | -2              |
| 4.053        | +7 ▲ 970    |                 |
| 4.129        | ▲ 975       | -5              |
| 4.210        | +10 ▲ 970   |                 |
| 4.225        | ▲ 980       |                 |
| 4.246        | ▲ 966       |                 |
| 4.299        | ▲ 961       | -19             |
| 4.367        | ▲ 970       |                 |
| 4.483        | +37 ▲ 990   |                 |
| 4.581        | ▲ 998       | -2              |
| 4.649        | ▲ 996       |                 |
| 4.739        | ▲ 1000      |                 |
| 4.832        | ▲ 1010      |                 |
| 4.934        | +28 ▲ 1020  |                 |
| <b>5.000</b> | <b>1024</b> | <b>1024</b>     |
| 5.102        | ▲ 1020      | -8              |
| 5.194        | +4 ▲ 1016   |                 |
| 5.260        | ▲ 1020      |                 |
| 5.303        | ▲ 1020      | -10             |
| 5.441        | +12 ▲ 1010  |                 |
| 5.525        | ▲ 1022      |                 |
| 5.561        | ▲ 1021      |                 |
| 5.644        | ▲ 1008      |                 |
| 5.740        | ▲ 993       | -42             |
| 5.816        | +2 ▲ 980    |                 |
| 5.869        | ▲ 982       |                 |
| 5.950        | ▲ 973       | -13             |
| <b>6.000</b> | <b>969</b>  | <b>969</b>      |

| COURSE TOTALS |              |           |
|---------------|--------------|-----------|
| UPHILL        | DOWNHILL     | NET       |
| <b>+1389</b>  | <b>-1382</b> | <b>+7</b> |

|               |             |                 |
|---------------|-------------|-----------------|
| 6.000         | 969         | <b>969</b>      |
| 6.054         | ▲ 980       |                 |
| 6.085         | ▲ 990       |                 |
| 6.122         | +38 ▲ 1000  | <b>7th Mile</b> |
| 6.250         | ▲ 1007      | -9              |
| 6.323         | ▲ 998       |                 |
| 6.362         | ▲ 1009      |                 |
| 6.428         | ▲ 1020      | <b>+83</b>      |
| 6.514         | +35 ▲ 1033  |                 |
| 6.554         | ▲ 1020      | <b>DOWNHILL</b> |
| 6.593         | ▲ 1010      | <b>-71</b>      |
| 6.781         | ▲ 1000      |                 |
| 6.800         | ▲ 994       |                 |
| 6.848         | +10 ▲ 1004  |                 |
| 6.932         | ▲ 1000      | <b>+12</b>      |
| 6.960         | ▲ 990       | -23             |
| <b>7.000</b>  | <b>981</b>  | <b>981</b>      |
| 7.041         | ▲ 976       | -5              |
| 7.089         | ▲ 980       |                 |
| 7.182         | ▲ 990       |                 |
| 7.224         | ▲ 994       |                 |
| 7.333         | ▲ 1000      |                 |
| 7.408         | ▲ 1010      |                 |
| 7.469         | ▲ 1020      | <b>+86</b>      |
| 7.527         | ▲ 1030      |                 |
| 7.570         | +86 ▲ 1040  | <b>DOWNHILL</b> |
| 7.659         | ▲ 1047      | <b>-22</b>      |
| 7.719         | ▲ 1050      |                 |
| 7.849         | ▲ 1062      |                 |
| 7.929         | ▲ 1050      | -17             |
| <b>8.000</b>  | <b>1045</b> | <b>1045</b>     |
| 8.038         | ▲ 1050      |                 |
| 8.090         | +17 ▲ 1060  |                 |
| 8.131         | ▲ 1062      |                 |
| 8.170         | ▲ 1060      |                 |
| 8.214         | ▲ 1056      |                 |
| 8.250         | ▲ 1051      | -16             |
| 8.300         | ▲ 1046      |                 |
| 8.349         | +14 ▲ 1050  | <b>9th Mile</b> |
| 8.429         | ▲ 1060      |                 |
| 8.449         | ▲ 1060      |                 |
| 8.469         | ▲ 1060      | -2              |
| 8.500         | ▲ 1058      |                 |
| 8.554         | ▲ 1060      | <b>DOWNHILL</b> |
| 8.594         | +20 ▲ 1070  | <b>-60</b>      |
| 8.650         | ▲ 1078      |                 |
| 8.710         | ▲ 1077      |                 |
| 8.770         | ▲ 1070      |                 |
| 8.820         | ▲ 1060      | <b>-9</b>       |
| 8.869         | ▲ 1054      |                 |
| 8.909         | ▲ 1050      | -42             |
| 8.980         | ▲ 1040      |                 |
| <b>9.000</b>  | <b>1036</b> | <b>1036</b>     |
| 9.038         | ▲ 1030      |                 |
| 9.093         | ▲ 1027      |                 |
| 9.138         | ▲ 1020      |                 |
| 9.210         | ▲ 1009      | -27             |
| 9.242         | ▲ 1010      |                 |
| 9.306         | ▲ 1016      |                 |
| 9.349         | +11 ▲ 1020  |                 |
| 9.400         | ▲ 1020      | <b>+19</b>      |
| 9.480         | ▲ 1015      | -5              |
| 9.550         | ▲ 1020      | <b>DOWNHILL</b> |
| 9.580         | ▲ 1020      | <b>-59</b>      |
| 9.655         | +8 ▲ 1023   |                 |
| 9.716         | ▲ 1020      |                 |
| 9.800         | ▲ 1010      | <b>-40</b>      |
| 9.910         | ▲ 1000      | -27             |
| <b>10.000</b> | <b>996</b>  | <b>996</b>      |

|               |             |                  |
|---------------|-------------|------------------|
| 10.000        | 996         | <b>996</b>       |
| 10.087        | +3 ▲ 999    |                  |
| 10.171        | ▲ 990       |                  |
| 10.255        | ▲ 974       |                  |
| 10.293        | ▲ 967       | -38              |
| 10.349        | ▲ 961       |                  |
| 10.404        | ▲ 966       |                  |
| 10.505        | ▲ 974       |                  |
| 10.532        | +15 ▲ 976   |                  |
| 10.567        | ▲ 972       | -6               |
| 10.594        | ▲ 970       |                  |
| 10.674        | ▲ 970       |                  |
| 10.700        | +5 ▲ 975    |                  |
| 10.732        | ▲ 974       |                  |
| 10.786        | ▲ 970       |                  |
| 10.890        | ▲ 954       |                  |
| 10.955        | ▲ 945       | -35              |
| <b>11.000</b> | <b>940</b>  | <b>940</b>       |
| 11.098        | ▲ 930       | -10              |
| 11.223        | ▲ 940       |                  |
| 11.260        | +13 ▲ 943   | <b>12th Mile</b> |
| 11.320        | ▲ 936       | -7               |
| 11.384        | +6 ▲ 942    |                  |
| 11.422        | ▲ 940       | -12              |
| 11.543        | ▲ 930       |                  |
| 11.654        | ▲ 940       | <b>DOWNHILL</b>  |
| 11.724        | ▲ 950       | <b>-33</b>       |
| 11.784        | +44 ▲ 960   |                  |
| 11.924        | ▲ 974       |                  |
| 11.974        | ▲ 970       | -4               |
| <b>12.010</b> | <b>970</b>  | <b>970</b>       |
| 12.036        | ▲ 968       | -2               |
| 12.053        | +7 ▲ 970    |                  |
| 12.129        | ▲ 975       | -5               |
| 12.210        | +10 ▲ 970   |                  |
| 12.225        | ▲ 980       |                  |
| 12.246        | ▲ 966       |                  |
| 12.299        | ▲ 961       | -19              |
| 12.367        | ▲ 970       |                  |
| 12.483        | +37 ▲ 990   |                  |
| 12.581        | ▲ 998       | -2               |
| 12.649        | ▲ 996       | -2               |
| 12.739        | ▲ 1000      |                  |
| 12.832        | +28 ▲ 1010  |                  |
| 12.934        | ▲ 1020      |                  |
| <b>13.000</b> | <b>1024</b> | <b>1024</b>      |
| 13.102        | ▲ 1020      | -8               |
| 13.194        | +4 ▲ 1016   |                  |
| 13.260        | ▲ 1020      |                  |
| 13.303        | ▲ 1020      | -10              |
| 13.441        | +12 ▲ 1010  |                  |
| 13.525        | ▲ 1022      |                  |
| 13.561        | ▲ 1021      |                  |
| 13.644        | ▲ 1008      |                  |
| 13.740        | ▲ 993       | -42              |
| 13.816        | +2 ▲ 980    |                  |
| 13.869        | ▲ 982       |                  |
| 13.950        | ▲ 973       | -13              |
| <b>14.000</b> | <b>969</b>  | <b>969</b>       |

|               |             |                  |
|---------------|-------------|------------------|
| 14.000        | 969         | <b>969</b>       |
| 14.054        | ▲ 980       |                  |
| 14.085        | ▲ 990       |                  |
| 14.122        | +38 ▲ 1000  | <b>15th Mile</b> |
| 14.250        | ▲ 1007      | -9               |
| 14.323        | ▲ 998       |                  |
| 14.362        | ▲ 1009      |                  |
| 14.428        | ▲ 1020      | <b>+83</b>       |
| 14.514        | +35 ▲ 1033  |                  |
| 14.554        | ▲ 1020      | <b>DOWNHILL</b>  |
| 14.593        | ▲ 1010      | <b>-71</b>       |
| 14.781        | ▲ 1000      |                  |
| 14.800        | ▲ 994       |                  |
| 14.848        | +10 ▲ 1004  |                  |
| 14.932        | ▲ 1000      | <b>+12</b>       |
| 14.960        | ▲ 990       | -23              |
| <b>15.000</b> | <b>981</b>  | <b>981</b>       |
| 15.041        | ▲ 976       | -5               |
| 15.089        | ▲ 980       |                  |
| 15.182        | ▲ 990       |                  |
| 15.224        | ▲ 994       |                  |
| 15.333        | ▲ 1000      |                  |
| 15.408        | ▲ 1010      |                  |
| 15.469        | ▲ 1020      | <b>+86</b>       |
| 15.527        | ▲ 1030      |                  |
| 15.570        | +86 ▲ 1040  | <b>DOWNHILL</b>  |
| 15.659        | ▲ 1047      | <b>-22</b>       |
| 15.719        | ▲ 1050      |                  |
| 15.849        | ▲ 1062      |                  |
| 15.929        | ▲ 1050      | -17              |
| <b>16.000</b> | <b>1045</b> | <b>1045</b>      |
| 16.038        | ▲ 1050      |                  |
| 16.090        | +17 ▲ 1060  |                  |
| 16.131        | ▲ 1062      |                  |
| 16.170        | ▲ 1060      |                  |
| 16.214        | ▲ 1056      |                  |
| 16.250        | ▲ 1051      | -16              |
| 16.300        | ▲ 1046      |                  |
| 16.349        | +14 ▲ 1050  |                  |
| 16.429        | ▲ 1060      |                  |
| 16.449        | ▲ 1060      |                  |
| 16.469        | ▲ 1060      | -2               |
| 16.500        | ▲ 1058      |                  |
| 16.554        | ▲ 1060      | <b>DOWNHILL</b>  |
| 16.594        | +20 ▲ 1070  | <b>-60</b>       |
| 16.650        | ▲ 1078      |                  |
| 16.710        | ▲ 1077      |                  |
| 16.770        | ▲ 1070      |                  |
| 16.820        | ▲ 1060      | <b>-9</b>        |
| 16.869        | ▲ 1054      |                  |
| 16.909        | ▲ 1050      | -42              |
| 16.980        | ▲ 1040      |                  |
| <b>17.000</b> | <b>1036</b> | <b>1036</b>      |
| 17.038        | ▲ 1030      |                  |
| 17.093        | ▲ 1027      |                  |
| 17.138        | ▲ 1020      |                  |
| 17.210        | ▲ 1009      | -27              |
| 17.242        | ▲ 1010      |                  |
| 17.306        | ▲ 1016      |                  |
| 17.349        | +11 ▲ 1020  |                  |
| 17.400        | ▲ 1020      | <b>+19</b>       |
| 17.480        | ▲ 1015      | -5               |
| 17.550        | ▲ 1020      | <b>DOWNHILL</b>  |
| 17.580        | ▲ 1020      | <b>-59</b>       |
| 17.655        | +8 ▲ 1023   |                  |
| 17.716        | ▲ 1020      |                  |
| 17.800        | ▲ 1010      | <b>-40</b>       |
| 17.910        | ▲ 1000      | -27              |
| <b>18.000</b> | <b>996</b>  | <b>996</b>       |

|               |            |                  |
|---------------|------------|------------------|
| 18.000        | 996        | <b>996</b>       |
| 18.087        | +3 ▲ 999   |                  |
| 18.171        | ▲ 990      |                  |
| 18.255        | ▲ 974      |                  |
| 18.293        | ▲ 967      | -38              |
| 18.349        | ▲ 961      |                  |
| 18.404        | ▲ 966      |                  |
| 18.505        | ▲ 974      |                  |
| 18.532        | +15 ▲ 976  |                  |
| 18.567        | ▲ 972      | -6               |
| 18.594        | ▲ 970      |                  |
| 18.674        | ▲ 970      |                  |
| 18.700        | +5 ▲ 975   |                  |
| 18.732        | ▲ 974      |                  |
| 18.786        | ▲ 970      |                  |
| 18.890        | ▲ 954      |                  |
| 18.955        | ▲ 945      | -35              |
| <b>19.000</b> | <b>940</b> | <b>940</b>       |
| 19.098        | ▲ 930      | -10              |
| 19.223        | ▲ 940      |                  |
| 19.260        | +13 ▲ 943  | <b>20th Mile</b> |
| 19.320        | ▲ 936      | -7               |
| 19.384        | +6 ▲ 942   |                  |
| 19.422        | ▲ 940      | -12              |